

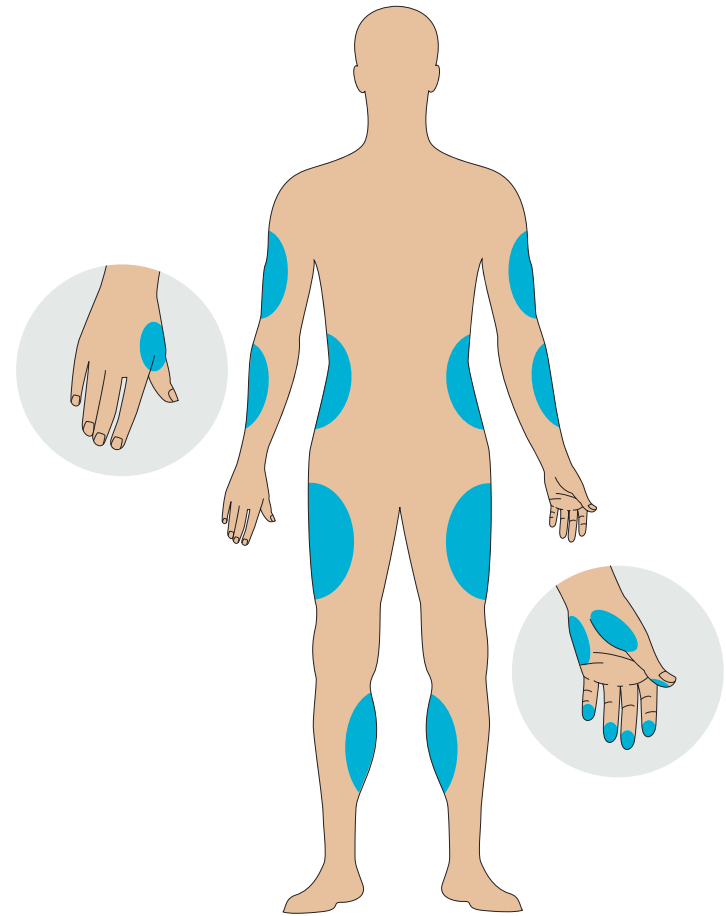
How do I get a sample with alternate site testing?

- Use the clear tip for your lancing device.
- Use a fresh lancet with every test.
- Be sure your lancing device and lancet are dialed to the depth you need to obtain an adequate sample.
- Vigorously massage the area you plan to use for your test.
- Place the cocked lancing device against your test site.
- Release the lancet but do not remove the lancing device from the test site until your blood sample is adequate.
- Remove the lancing device.
- Apply the sample to your test strip.

Where are the alternate testing sites?

Each meter and its strip have different sites approved for use of alternate site testing. Check the manufacturer's instructions. Sites might include any or all of the following.

- Forearm
- Upper arm
- Palm
- Thigh
- Calf
- Abdomen
- Thumb base
- Fingertips



Medicare Part B patients: Call **1-877-231-5199** and mention reference code **ED06500** to order your diabetes testing supplies.

Website: www.PrescriptionSolutions.com/diabetes

The information in this educational tool does not substitute for the medical advice, diagnosis or treatment of your physician. Always seek the help of your physician or qualified health provider for any questions you may have regarding a medical condition.

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