



OptumRx has partnered with CoverMyMeds to receive prior authorization requests, saving you time and often delivering real-time determinations.

Visit [go.covermymeds.com/OptumRx](http://go.covermymeds.com/OptumRx) to begin using this free service.

Please note: All information below is required to process this request.

Mon-Fri: 5am to 10pm Pacific / Sat: 6am to 3pm Pacific

## Relistor® Prior Authorization Request Form (Page 1 of 2)

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Member Information (required)			Provider Information (required)		
Member Name:			Provider Name:		
Insurance ID#:			NPI#:		Specialty:
Date of Birth:			Office Phone:		
Street Address:			Office Fax:		
City:	State:	Zip:	Office Street Address:		
Phone:			City:	State:	Zip:
Medication Information (required)					
Medication Name:			Strength:		Dosage Form:
<input type="checkbox"/> Check if requesting <b>brand</b>			Directions for Use:		
<input type="checkbox"/> Check if request is for <b>continuation of therapy</b>					
Clinical Information (required)					
<b>Select the diagnosis below:</b>					
<input type="checkbox"/> Opioid-induced constipation					
<input type="checkbox"/> Chronic non-cancer pain					
<input type="checkbox"/> Chronic pain related to prior cancer or its treatment					
<input type="checkbox"/> Pain caused by active cancer					
<input type="checkbox"/> Other advanced illness					
<input type="checkbox"/> Other diagnosis: _____ ICD-10 Code(s): _____					
<b>Select the medications the patient has a failure, contraindication, or intolerance to:</b>					
<input type="checkbox"/> Amitiza <input type="checkbox"/> Enulose <input type="checkbox"/> Kristalose <input type="checkbox"/> Movantik <input type="checkbox"/> Symproic					
<input type="checkbox"/> Constulose <input type="checkbox"/> Generlac <input type="checkbox"/> Lactulose <input type="checkbox"/> Relistor solution (for Relistor tablet requests)					
<input type="checkbox"/> Other osmotic laxative [e.g. MiraLAX/PEG3350 (polyethylene glycol)]. (Please specify): _____					
<b>Clinical information:</b>					
Does the patient have documentation of opioid use for at least 4 weeks? <input type="checkbox"/> Yes <input type="checkbox"/> No					
<b>If yes</b> , was this prior to the proposed start of therapy? <input type="checkbox"/> Yes <input type="checkbox"/> No					
Has the patient experienced fewer than 3 bowel movements in a week? <input type="checkbox"/> Yes <input type="checkbox"/> No					
Has the patient had bowel movements that are more than 2 days apart? <input type="checkbox"/> Yes <input type="checkbox"/> No					
<b>For diagnosis of advanced illness or pain caused by active cancer, also answer the following:</b>					
Is the patient receiving palliative care? <input type="checkbox"/> Yes <input type="checkbox"/> No					
<b>Reauthorization:</b>					
Is there documentation of positive clinical response to Relistor therapy (e.g., increase in bowel movements)? <input type="checkbox"/> Yes <input type="checkbox"/> No					
<b>For diagnosis of advanced illness or pain caused by active cancer, also answer the following:</b>					
Is the patient receiving palliative care? <input type="checkbox"/> Yes <input type="checkbox"/> No					
<b>Quantity limit requests:</b>					
What is the quantity requested per MONTH? _____					
<b>What is the reason for exceeding the plan limitations?</b>					
<input type="checkbox"/> Titration or loading-dose purposes					
<input type="checkbox"/> Patient is on a dose-alternating schedule (e.g., one tablet in the morning and two tablets at night, one to two tablets at bedtime)					
<input type="checkbox"/> Requested strength/dose is not commercially available					
<input type="checkbox"/> There is a medically necessary justification why the patient cannot use a higher commercially available strength to achieve the same dosage and remain within the same dosing frequency. <b>Please specify:</b> _____					
<input type="checkbox"/> Other: _____					

This document and others if attached contain information that is privileged, confidential and/or may contain protected health information (PHI). The Provider named above is required to safeguard PHI by applicable law. The information in this document is for the sole use of OptumRx. Proper consent to disclose PHI between these parties has been obtained. If you received this document by mistake, please know that sharing, copying, distributing or using information in this document is against the law. **If you are not the intended recipient, please notify the sender immediately.**

Office use only: Relistor\_CMS\_2019Feb-W



**Relistor<sup>®</sup> Prior Authorization Request Form (Page 2 of 2)**  
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Are there any other comments, diagnoses, symptoms, medications tried or failed, and/or any other information the physician feels is important to this review?

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Please note: This request may be denied unless all required information is received.  
If the patient is not able to meet the above standard prior authorization requirements, please call 1-800-711-4555.  
For urgent or expedited requests please call 1-800-711-4555.  
This form may be used for non-urgent requests and faxed to 1-800-527-0531.