

Step therapy — Select

Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the cost can be very different. The Step Therapy program gives you the treatment you need, usually at a lower cost.

Here's how it works:

With this program, you must try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your old pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

We encourage you to talk about your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the phone number on your member ID card.

In this drug list, brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol).

Step therapy medications

If you have a prescription for any of the Step 2 medications below, you are required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
Anti-infectives		
HIV³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO and any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
	CIMDUO	TEMIXYS
Oral Brand Tetracyclines	Generic doxycycline or minocycline	ACTICLATE, ADOXA, DORYX, DORYX MPC, DOXYCYCLINE HYCLATE DR, MINOLIRA, MONODOX, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic Agents	ofloxacin	CETRAXAL, ciprofloxacin
Cardiovascular		
Beta-Blockers	Any two of the following generics: metoprolol tartrate, metoprolol succinate ER, bisoprolol, betaxolol, carvedilol IR or ER, labetalol, atenolol, acebutolol, propranolol IR or ER, pindolol, nadolol	KAPSPARGO
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURN HCT

Condition	Step 1	Step 2
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPITOR, LIVALO, PRAVACHOL, SIMVASTATIN SUSP, ZOCOR
	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND LIVALO ¹	ZYPITAMAG
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, LOFIBRA, TRIGLIDE
Central Nervous System		
ADHD Agents	Any two of the following generics or preferred brands: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER VYVANSE	ADDERALL ² , ADDERALL XR ² , ADHANSIA XR ² , ADZENYS ER ² , ADZENYS XR ODT ² , APTENSIO XR ² , CONCERTA ² , COTEMPLA XR-ODT ² , DAYTRANA2, DESOXYN ² , DYANAVEL XR ² , EVEKEO ² , FOCALIN ² , FOCALIN XR ² , JORNAY PM ² , KAPVAY, METADATE CD ² , METHYLIN ² SOLUTION, METHYLIN CHEW ² , MYDAYIS ² , PROCENTRA ² , QUILLICHEW ER ² , QUILLIVANT ² , RITALIN ² , RITALIN LA ² , ZENZEDI ²
Anticonvulsants³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT
	topiramate IR	QUDEXY XR, TROKENDI XR, topiramate ER
	oxcarbazepine IR	OXTELLAR XR
Antidepressants³	bupropion ER	APLENZIN ²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA ²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	DESVENLAFAXINE ER/KHEDEZLA ² , PAXIL suspension, TRINTELLIX ² DRIZALMA ²

Condition	Step 1	Step 2
Antipsychotics ³	Any one of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine IR or ER, risperidone SAPHRIS	FANAPT ² , SECUADO ² , VRAYLAR ²
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA ²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR ² , ZOLPIMIST ²
Migraine Agents	Any one of the following generics: naratriptan, rizatriptan, sumatriptan, zolmitriptan	TOSYMRA ² , TREXIMET ² , ZOMIG NASAL ²
	Any two of the following generics: naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL ²
Neurologic Agents	gabapentin	GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR ² , SAVELLA ²
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, INDOCIN suppository, INDOCIN suspension, TIVORBEX, VIVLODEX, ZORVOLEX
Opioid Antagonists	NARCAN	EVZIO
Opioid Withdrawal	clonidine	LUCEMYRA ²
Parkinson's Disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²

Condition	Step 1	Step 2
Dermatology		
Rosacea	Any one of the following generics or preferred brands: ivermectin cream, SOOLANTRA	FINACEA FOAM
	MIRVASO	RHOFADE
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% ² , PICATO
	Generic imiquimod 5%	ZYCLARA
Topical Acne Treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON	ACANYA, AKTIPAK, BENZACLIN, BENZAMYCIN, DUAC, VELTIN, ZIANA
	Any one of the following generics or preferred brands: adapalene-benzoyl peroxide, EPIDUO FORTE, ONEXTON	AMZEEQ
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical Psoriasis Agents	calcipotriene	calcipotriene foam, SORILUX
Topical Immuno-modulators	Generic pimecrolimus cream	ELIDEL
Topical Immuno-modulators	Any one of the following generics: alclometasone, amcinonide, betamethasone, calcipotriene-betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, pramoxine-HC, prednicarbate, triamcinolone	EUCRISA
Endocrinology		
Basal Insulin	Any two of the following preferred brands: LANTUS, LEVEMIR, TOUJEO, TRESIBA	BASAGLAR
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	ACTOPLUS MET XR, AVANDIA, CYCLOSET, METFORMIN oral solution, RIOMET, RIOMET ER

Condition	Step 1	Step 2
Blood Glucose Meters and Strips	Both of the following preferred brands: ACCU-CHECK, ONETOUCH	ABBOTT ² , ACON ² , AT LAST ² , BAYER ² , EMBRACE ² , EPS ² , FOR A CARE ² , GLUCOCARD ² , GMATE ² , LIBERTY ² , NEUTEK ² , QUINTET ² , RELION ² , REVEAL ² , SUPREME ² , TRUE METRIX ² , TRUETEST ² , TRUETRACK ² , ULTIMA ² , UNISTRIP ²
Glucagon	Any one of the following preferred brands: GLUCAGON, GVOKE, BAQSIMI	GLUCAGEN HYPOKIT
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following preferred brands: JANUMET ¹ , JANUMET XR ¹ , JANUVIA ¹ AND any one of the following preferred brands: JENTADUETO ¹ , JENTADUETO XR ¹ , TRADJENTA ¹	alogliptin, alogliptin-metformin, alogliptin-pioglitazone, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYDUREON BCISE ² , BYETTA ² , OZEMPIC ² , RYBELSUS ² , TRULICITY ² , VICTOZA ²
	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ AND any one of the following preferred brands: OZEMPIC ¹ , RYBELSUS ¹ , TRULICITY ¹ , VICTOZA ¹	ADLYXIN ²
GLP-1 Agonist Combinations	Any one of the following brands: ADLYXIN ¹ , BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , OZEMPIC ¹ , TANZEUM ¹ , TRULICITY ¹ , VICTOZA ¹ , BASAGLAR ¹ , LANTUS, LEVEMIR, TRESIBA, TOUJEO	SOLIQUA ²
	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , OZEMPIC ¹ , TRULICITY ¹ , VICTOZA ¹ , LANTUS, LEVEMIR, TRESIBA, TOUJEO	XULTOPHY ²

Condition	Step 1	Step 2
SGLT2 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	FARXIGA, GLYXAMBI, JARDIANCE, SYNJARDY, SYNJARDY XR, XIGDUO XR
	Any one of the following preferred brands: FARXIGA ¹ , XIGDUOR XR ¹ AND any one of the following preferred brands: GLYXAMBI ¹ , JARDIANCE ¹ , SYNJARDY ¹ , SYNJARDY XR ¹	INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
Short-Acting Insulin	Both of the following preferred brands: HUMALOG AND NOVOLOG	ADMELOG, APIDRA, FIASP, INSULIN ASPART, INSULIN LISPRO
Gastroenterology		
Bowel Prep Agents	Any one of the following brands: CLENPIQ, PLENVU, PREPOPIK, SUPREP	MOVIPREP
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS ¹ , MOVANTIK ¹ , SYMPROIC ¹	AMITIZA ²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , MOVANTIK ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK ¹ , SYMPROIC ¹	RELISTOR ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ² , TRULANCE ²
Irritable Bowel Syndrome	Any one of the following preferred brands: APRISO	ASACOL HD, DELZICOL, LIALDA
Pancreatic Enzymes	Both of the following preferred brands: CREON, ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole DEXILANT	ACIPHEX ² , ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PREVACID ² , PRILOSEC ² , PROTONIX ² , ZEGERID ²
Hormone Modifiers		
Thyroid Replacement	levothyroxine	ARMOUR THYROID, NATURE-THROID, SYNTHROID
Vasopressin Analogs	NOCDURNA	NOCTIVA

Condition	Step 1	Step 2
Miscellaneous		
Antigout Agents	COLCRYS	GLOPERBA, MITIGARE, colchicine
	allopurinol	DUZALLO, ULORIC, ZURAMPIC
Intranasal Steroids	Generic mometasone nasal spray AND BECONASE AQ	XHANCE ²
Obstetrics and Gynecology		
Contraceptives	Any one of the following generics: Eluryng, etonogestrel-ethinyl estradiol vaginal ring	ANNOVERA ²
	Any two of the following generics: norethindrone 0.35 mg, Deblitane, Sharobel, Norlyda, Lyza, Tulana, Norlyroc, Errin, Nora-Be, Jolivette, Heather, Incassia, Jencycla, Camila	SLYND
Oncology		
Chemotherapy Rescue Agents	levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma Agents	TRAVATAN Z or travoprost AND both of the following: latanoprost, LUMIGAN	VYZULTA ² , XELPROS ²
	Generic ophthalmic timolol	TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE
Ophthalmic Antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, LASTACRAFT
Ophthalmic Anti-inflammatory Agents	Any one of the following generics: diclofenac soln, flurbiprofen soln, ketorolac soln AND PROLENSA	BROMSITE ² , ILEVRO ² , NEVANAC ²
Respiratory		
Cystic Fibrosis (Inhaled Tobramycin Agents)	BETHKIS	KITABIS, TOBI, tobramycin nebulizer solution
Epinephrine Auto Injectors	Generic epinephrine	AUVI-Q 0.3 mg, AUVI-Q 0.15 mg, EPIPEN, EPIPEN-JR
Inhaled Corticosteroids	Any two of the following preferred brands: ARNUITY ELLIPTA, FLOVENT, PULMICORT FLEXHALER, QVAR	ALVESCO ² , ARMONAIR RESPICLICK ² , ASMANEX ²
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO, ZYFLO CR

Condition	Step 1	Step 2
Long-Acting Bronchodilators	Any two of the following generics or preferred brands: fluticasone-salmeterol ADVAIR, BREO ELLIPTA, SEREVENT, SYMBICORT, WIXELA INHUB	ARCAPTA ² , STRIVERDI RESPIMAT ²
	Both of the following preferred brands: INCRUSE ELLIPTA, SPIRIVA	SEEBRI NEOHALER ² , TUDORZA PRESSAIR ² ,
	LONHALA AND one of the following: INCRUSE ELLIPTA, SPIRIVA	YUPELRI ²
Long-Acting Bronchodilator Combinations	Any two of the following generics or preferred brands: fluticasone-salmeterol ADVAIR, BREO ELLIPTA, SYMBICORT, WIXELA INHUB	AIRDUO RESPICLICK ² , DULERA ²
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE ² , DUAKLIR PRESSAIR ² , UTIBRON NEOHALER ²
Short-Acting Beta Agonist Inhalers	Any one of the following preferred brands: VENTOLIN HFA AND any one of the following preferred brands: PROAIR HFA, PROAIR RESPICLICK	albuterol HFA ² , levalbuterol HFA ² , PROAIR DIGIHALER ² , PROVENTIL HFA ² , XOPENEX HFA ²
Urology		
BPH Agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive Bladder Agents	Any one of the following generics: oxybutynin IR or ER, tolterodine IR, trospium IR	GELNIQUE, OXYTROL ²

Condition	Step 1	Step 2
Generic First		
	Generic equivalent	ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, BARACLUDE, BRISDELLE, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS, CLARINEX, CLIMARA, CLOBEX, CLODERM, COLESTID, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DYAZIDE, EPIDUO, ESTRACE, EXFORGE, FINACEA, FIORICET, FLOMAX, GENERESS FE, GLUCOPHAGE, GOLYTELY, HYZAAR, IMITREX, INDERAL, INNOPRAN, KENALOG, KEPPRA, KLONOPIN, K-TAB, LAMICTAL, LASIX, LOESTRIN, LOTREL, LYRICA, MAXALT, METROGEL, MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NULYTELY, ORTHO MICRON, ORTHO-CYCLEN, ORTHO-NOVUM, PATADAY, PATANOL, PAXIL, PLAQUENIL, PLAVIX, PRED FORTE, PRINIVIL, PROMETRIUM, QUESTRAN, RANEXA, RELPAX, RENAGEL, RESTORIL, RISPERDAL, SAFYRAL, SEASONIQUE, SEROQUEL, SILVADENE, SKELAXIN, SOMA, STRATTERA, SUBOXONE, TAMIFLU, TEGRETOL, TENORMIN, TIKOSYN, TOPAMAX, TRICOR, TRILEPTAL, UCERIS, VALTREX, VECTICAL, VESICARE, VIGAMOX, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZONEGRAN, ZOVIRAX, ZYPREXA

Step therapy requirements are effective as of July 1, 2020. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs for the medications above may affect your prescription drug coverage. These programs may include quantity limits and prior authorization.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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