

Step therapy — Select

Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the cost can be very different. The Step Therapy program gives you the treatment you need, usually at a lower cost.

Here's how it works:

With this program, you must try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your old pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

We encourage you to talk about your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the phone number on your member ID card.

In this drug list, brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol).

Step therapy medications

If you have a prescription for any of the Step 2 medications below, you are required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
Anti-infectives		
HIV³	Any one of the following brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO AND Any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
Oral Brand Tetracyclines	Any one of the following generics: doxycycline, minocycline	ACTICLATE, ADOXA, DORYX, DORYX MPC, MINOLIRA, MONODOX, SEYSARA, TARGADOX, VIBRAMYCIN
Otic Agents	ofloxacin	CETRAXAL, ciprofloxacin
Cardiovascular		
Beta-Blockers	Any two of the following generics: metoprolol tartrate, metoprolol succinate ER, bisoprolol, betaxolol, carvedilol IR or ER, labetalol, atenolol, acebutolol, propranolol IR or ER, pindolol, nadolol	KAPSPARGO
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURN, TEKTURN HCT
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, FLOLIPID ² , LIPITOR, LIVALO
	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND LIVALO ¹	ZYPITAMAG
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, LOFIBRA, TRIGLIDE

Condition	Step 1	Step 2
Antianginals	<p>Any one of the following generics or preferred brands:</p> <p>acebutolol, amlodipine, amlodipine-benazepril, amlodipine-telmisartan, amlodipine-valsartan, atenolol, bextaxolol, bisoprolol, carvedilol, diltiazem, diltiazem ER, felodipine ER, isosorbide dinitrate ER, isosorbide mononitrate ER, isradipine, metoprolol, metoprolol ER, nadolol, nicardipine, nifedipine, nisoldipine SR, nitroglycerin ER, pindolol, propranolol, propranolol SR, timolol, trandolapril-verapamil, verapamil, verapamil ER</p> <p>BYSTOLIC, DILATRATE SR, INDERAL XL, INNOPRAN XL</p>	RANEXA
Central Nervous System		
ADHD Agents	<p>Any two of the following generics or preferred brands:</p> <p>amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE</p>	<p>ADDERALL XR², ADZENYS ER², ADZENYS XR ODT², APTENSIO XR², CONCERTA², COTEMPLA XR-ODT², DAYTRANA², DESOXYN², DYANAVAL XR², EVEKEO², FOCALIN XR², KAPVAY, METADATE CD², METHYLIN² SOLUTION, METHYLIN CHEW², MYDAYIS², PROCENTRA², QUILLICHEW ER², QUILLIVANT², RITALIN LA², ZENZEDI²</p>
Anticonvulsants³	<p>Any one of the following generics</p> <p>lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR</p>	BRIVIACT
	topiramate IR	QUDEXY XR, TROKENDI XR, topiramate ER
	oxcarbazepine IR	OXTELLAR XR
Antidepressants³	bupropion ER	APLENZIN ²
	<p>Any two of the following generics:</p> <p>desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER</p>	FETZIMA ²
	<p>Any two of the following generics:</p> <p>bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER</p>	<p>DESVENLAFAXINE ER/KHEDEZLA², PAXIL SUSPENSION, TRINTELLIX²</p>

Condition	Step 1	Step 2
Antipsychotics³	Any one of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine IR or ER, risperidone, SAPHRIS	FANAPT ² , VRAYLAR ²
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA ²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR ² , ZOLPIMIST ²
Migraine Agents	Any one of the following generics: naratriptan, rizatriptan, sumatriptan, zolmitriptan	TREXIMET ² , ZOMIG NASAL ²
	Any two of the following generics: naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL ²
Neurologic Agents	gabapentin	GRALISE ²
	Any one of the following generics or preferred brands: amitriptyline, cyclobenzaprine, duloxetine, gabapentin LYRICA	LYRICA CR ² , SAVELLA ²
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenopofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, INDOCIN SUPPOSITORY, INDOCIN SUSPENSION, TIVORBEX, VIVLODEX, ZORVOLEX
Opioid Antagonists	NARCAN	EVZIO
Opioid Withdrawal	clonidine	LUCEMYRA ²
Parkinson's Disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²
Dermatology		
Rosacea	SOOLANTRA	FINACEA
	MIRVASO	RHOFADE

Condition	Step 1	Step 2
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% ² , PICATO, SOLARAZE ²
Topical Acne Treatments	Any one of the following preferred brands: EPIDUO/EPIDUO FORTE, ONEXTON	ACANYA, AKTIPAK, BENZACLIN, BENZAMYCIN, clindamycin-benzoyl peroxide, DUAC, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical Psoriasis Agents	calcipotriene	SORILUX
Topical Immuno-modulators	Any one of the following generics: alclometasone, amcinonide, betamethasone, calcipotriene- betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, pramoxine-HC, prednicarbate, triamcinolone	EUCRISA
Endocrinology		
Basal Insulin	Any two of the following preferred brands: LANTUS, LEVEMIR, TOUJEO, TRESIBA	BASAGLAR
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	ACTOPLUS MET XR, AVANDIA, CYCLOSET, METFORMIN ORAL SOLUTION, RIOMET
Blood Glucose Meters and Strips	Both of the following preferred brands: ACCU-CHECK, ONETOUGH	ABBOTT ² , ACON ² , AT LAST ² , BAYER ² , EMBRACE ² , EPS ² , FORA CARE ² , GLUCOCARD ² , GMATE ² , LIBERTY ² , NEUTEK ² , QUINTET ² , RELION ² , REVEAL ² , SUPREME ² , TRUE METRIX ² , TRUETEST ² , TRUETRACK ² , ULTIMA ² , UNISTRIP ²
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following preferred brands: JANUMET ¹ , JANUMET XR ¹ , JANUVIA ¹ AND any one of the following preferred brands: JENTADUETO ¹ , JENTADUETO XR ¹ , TRADJENTA ¹	alogliptin, alogliptin-metformin, alogliptin-pioglitazone, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI

Condition	Step 1	Step 2
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYUREON BCISE ² , BYETTA ² , OZEMPIC ² , TRULICITY ² , VICTOZA ²
	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ AND any one of the following preferred brands: OZEMPIC ¹ , TRULICITY ¹ , VICTOZA ¹	ADLYXIN ² , TANZEUM ²
GLP-1 Agonist Combinations	Any one of the following brands: ADLYXIN ¹ , BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , OZEMPIC ¹ , TANZEUM ¹ , TRULICITY ¹ , VICTOZA ¹ , BASAGLAR ¹ , LANTUS, LEVEMIR, TRESIBA, TOUJEO	SOLIQUA ²
	Any one of the following preferred brands : BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , OZEMPIC ¹ , TRULICITY ¹ , VICTOZA ¹ , LANTUS, LEVEMIR, TOUJEO, TRESIBA	XULTOPHY ²
SGLT2 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, INVOKAMET, INVOKAMET XR, INVOKANA, JARDIANCE, SYNJARDY, SYNJARDY XR
	Any one of the following preferred brands: INVOKANA ¹ , INVOKAMET ¹ , INVOKAMET XR ¹ AND any one of the following preferred brands: GLYXAMBI ¹ , JARDIANCE ¹ , SYNJARDY ¹ , SYNJARDY XR ¹	FARXIGA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN, XIGDUO XR
Short-Acting Insulin	Any one of the following preferred brands: HUMALOG, NOVOLOG	ADMELOG, APIDRA, FIASP
Gastroenterology		
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS ¹ , MOVANTIK ¹ , SYMPROIC ¹	AMITIZA ²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , MOVANTIK ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ² , TRULANCE ²

Condition	Step 1	Step 2
Irritable Bowel Syndrome	Any one of the following generics: mesalamine DR OR any one of the following preferred brands: APRISO	ASACOL HD, DELZICOL, LIALDA
Pancreatic Enzymes	Both of the following preferred brands: CREON, ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole DEXILANT	ACIPHEX ² , ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PREVACID ² , PRILOSEC ² , PROTONIX ² , ZEGERID ²
Hormone Modifiers		
Antidiuretic Hormone	NOCDURNA	NOCTIVA
Thyroid Replacement³	levothyroxine	ARMOUR THYROID, NATURE-THYROID, SYNTHROID
Miscellaneous		
Antigout Agents	COLCRYS	MITIGARE, colchicine
	allopurinol	DUZALLO, ULORIC, ZURAMPIC
Oncology		
Chemotherapy Rescue Agents	levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma Agents	ALL of the following generics and preferred brands: LATANOPROST, LUMIGAN, TRAVATAN Z	VYZULTA ² , XELPROS ²
Ophthalmic Antihistamines	Any one of the following generics or preferred brands: azelastine, olopatadine, PATADAY	BEPREVE, LASTACAFT
Ophthalmic Anti-inflammatory Agents	Any one of the following generics: diclofenac soln, flurbiprofen soln, ketorolac soln AND PROLENSA	BROMSITE ² , ILEVRO ² , NEVANAC ²
	Any one of the following generics: prednisolone acetate, prednisolone sodium phosphate, dexamethasone AND any one of the following preferred brands: FML FORTE, PRED MILD	INVELTYS
Respiratory		
Cystic Fibrosis (Inhaled Tobramycin Agents)	BETHKIS	KITABIS, TOBI, tobramycin nebulizer solution
Epinephrine Auto Injectors	Generic epinephrine	ADRENACLICK, AUVI-Q, EPIPEN, EPIPEN-JR

Condition	Step 1	Step 2
Inhaled Corticosteroids	Any two of the following preferred brands: ARNUITY ELLIPTA, FLOVENT, PULMICORT FLEXHALER, QVAR	ALVESCO ² , ARMONAIR RESPICLICK ² , ASMANEX ²
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO, ZYFLO CR
Long-Acting Bronchodilators	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SEREVENT, SYMBICORT	ARCAPTA ² , STRIVERDI RESPIMAT ²
	Both of the following preferred brands: INCRUSE ELLIPTA, SPIRIVA	SEEBRI NEOHALER ² , TUDORZA PRESSAIR ²
Long-Acting Bronchodilator Combinations	Any two of the following generics or preferred brands: fluticasone-salmeterol ADVAIR, BREO ELLIPTA, SYMBICORT	AIRDUO RESPICLICK ² , DULERA ²
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE ² , UTIBRON NEOHALER ²
Short-Acting Beta Agonist Inhalers	Any one of the following preferred brands: VENTOLIN HFA AND any one of the following preferred brands: PROAIR HFA, PROAIR RESPICLICK	albuterol HFA ² , levalbuterol HFA ² , PROVENTIL HFA ² , XOPENEX HFA ²
Urology		
BPH Agents	Any two of the following generics or preferred brands: alfuzosin, doxazosin, tamsulosin, terazosin, RAPAFLO	CARDURA XL
Overactive Bladder Agents	Any one of the following generics: oxybutynin IR or ER, tolterodine IR, trospium IR	GELNIQUE, OXYTROL ² , VESICARE

Step therapy requirements are effective as of July 1, 2019. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs for the medications above may affect your prescription drug coverage. These programs may include quantity limits and prior authorization.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only



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