

Medication Therapy Management (MTM)

Working with providers to improve consumer health

Enhance
understanding
of medications

Increase
medication
adherence

Close gaps
in care

Reduce costs
and adverse
drug effects



Medication Therapy Management (MTM)

Beyond the Medicare population



Medicare
population

- All Medicare Part D and Employer Group Waiver Plan (EGWP) clients must have MTM
- Mandated by Congress in the Medicare Modernization Act of 2003

Beyond Medicare

MTM is common with the Commercial population due to:

- Reduced health care costs
- Improved engagement and quality measures (i.e. HEDIS)
- Attractive return on investment (ROI)

Gaining popularity with Exchanges and Managed Medicaid groups



Ongoing data to effectively manage medication therapy

The MTM program consists of two components

Comprehensive Medication Review (CMR)

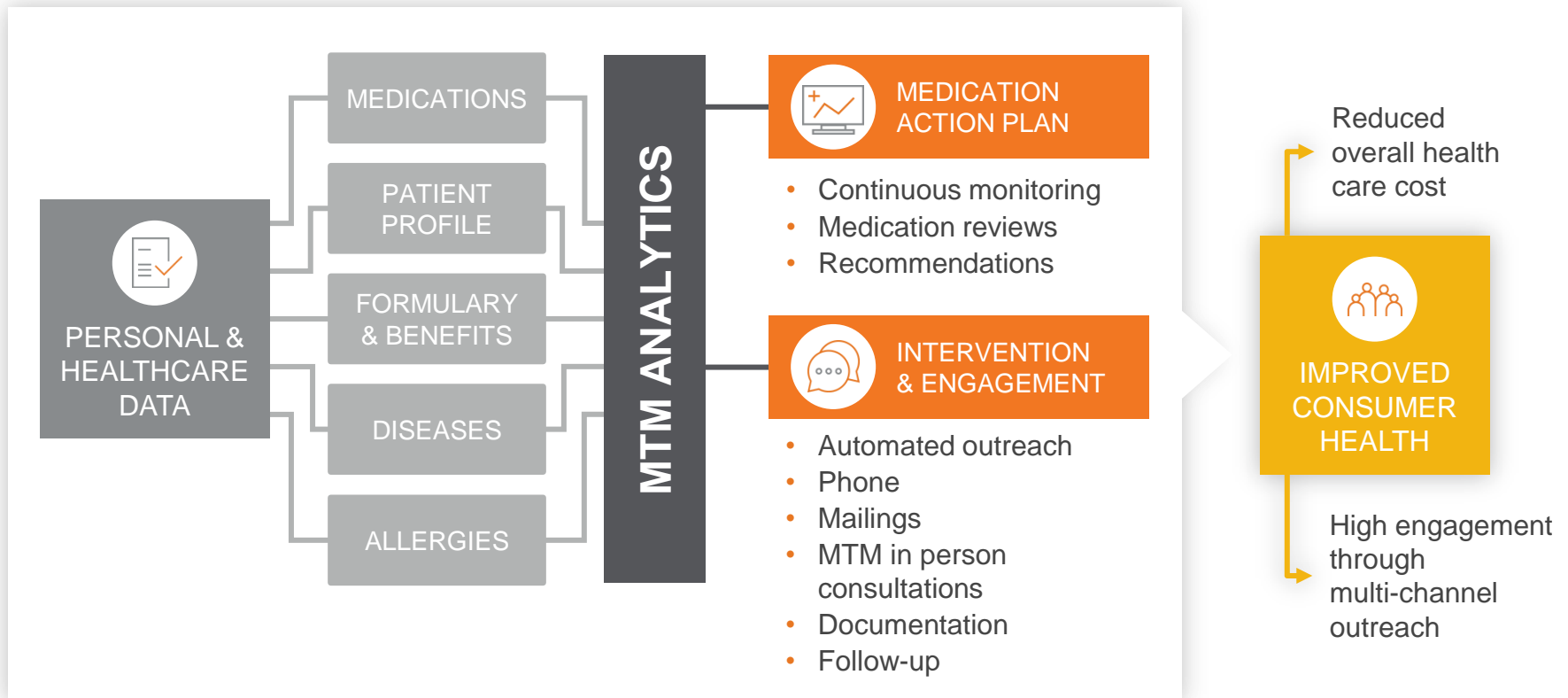
- Identifies consumers based on medications, disease states and drug spend
- Reviews all medications for potential drug therapy issues
- Includes clinician outreach for medication consultation

Targeted Medication Review (TMR)

- Ongoing identification of specific drug therapy issues including:
 - Gaps in Care
 - High Risk Medications
 - Adherence
 - Duplicate Therapy
 - Drug-Drug Interaction

MTM program overview

Process tailored to member



Multi-channel approach to drive consumer engagement

MTM Clinical Call Center Solution

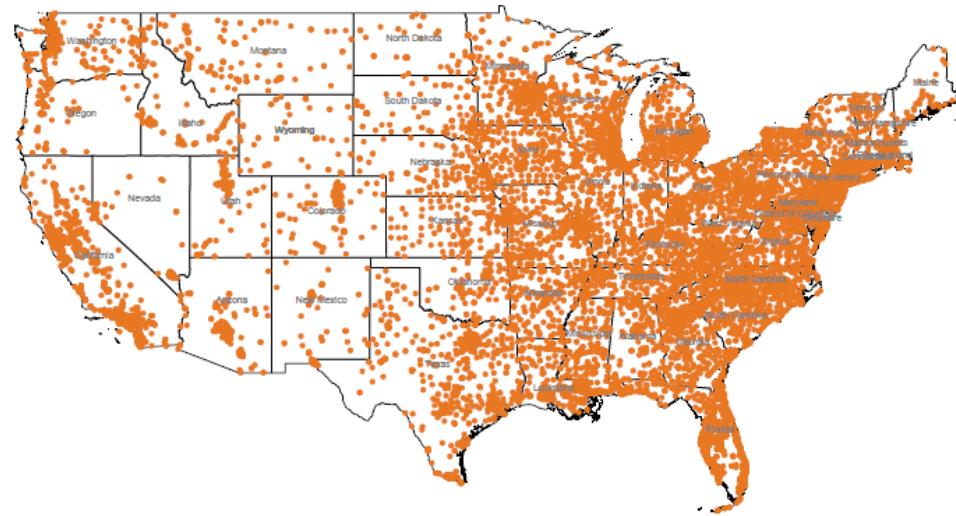
Dedicated pharmacists & pharmacy technicians
Provide MTM phone outreaches and CMR consultations

IVR and Non-responder Letters

Utilized for members unable to reach through
retail network or MTM clinical call center

MTM Network Pharmacy Solution

Provider Web Portal - MedMonitor™
Includes Long Term Care (LTC) facilities



Over **22,000** network pharmacies
with 24/7 365 days a year support

MedMonitor™ Overview



Why should I participate?

The enhanced portal offers increased functionality for network pharmacist in completing MTM opportunities

- 1 Simplified registration process
- 2 Thirty day retail network exclusivity
- 3 Updated user interface; streamlined MTM process
- 4 Ability to add additional pharmacy locations
- 5 Weekly notifications/ alerts with new cases for completion

Easy registration process



CLICK

- Launch [portal](#)
- Create Optum ID
- Follow steps



LOG-ON

- Enter your pharmacist information
- Provide valid email address



START

- Allow 3-5 business days
- Username/password will be sent
- Use single sign-on for all applications
- Access your next qualifying MTM case

Accessing the MedMonitor Platform



Logging in with Optum ID

Enter valid ID and password with the option to select “remember me” and sign in.

OPTUM | ID

Optum ID Sign In

Sign in with
Optum ID

Optum ID
[Input Field]

Password
[Input Field]

Remember me

Sign In

Additional options:
[Create an Optum ID](#)
[Manage your Optum ID](#)
[What is an Optum ID?](#)

[Forgot Optum ID](#) | [Forgot Password](#)

Thank you.

MedMonitor Team

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Monday – Friday: 8 am to 4 pm CST

