

Step therapy – Premium

Utilization management updates
July 1, 2023



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
Anti-infectives		
Bacterial vaginosis agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	VANZOLE
	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
Oral brand tetracyclines	Any one of the following generics: doxycycline, minocycline	VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	Generic ofloxacin	CETRAXAL , ciprofloxacin otic
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRINA HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN or fenofibrate cap	FENOGLIDE, FIBRICOR
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID
Central Nervous System		
ADHD agents	Any one of the following generics or preferred brand: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	AZSTARYS², JORNAY PM²
	Any three of the following generics or preferred brand: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	ADZENYS ER SUSP², AMPHETAMI ER SUSP², APTENSIO XR², DESOXYN², DEXEDRINE², METHYLIN² solution, PROCENTRA², RELEXXII²
	Any two of the following generics: atomoxetine, guanfacine, clonidine	KAPVAY
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	Generic topiramate IR	TROKENDI XR , topiramate ER
Antidepressants ³	Generic bupropion ER	APLENZIN²
	Any two of the following generics: desvenlafaxine ER, duloxetine, venlafaxine IR or ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	DESVENLAFAXINE ER², PAXIL suspension, TRINTELLIX²
	Generic duloxetine	DRIZALMA²
Antidepressants	Generic vilazodone	VIIBRYD²
Antipsychotics ³	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	CAPLYTA², FANAPT²
	Any one of the following brands: INVEGA SUSTENNA or INVEGA TRINZA	INVEGA HAFYERA
Insomnia agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER	BELSOMRA², DAYVIGO²
	Any one of the following generics: zolpidem, zolpidem ER	EDLUAR², ZOLPIMIST²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	sumatriptan-naproxen ² , ZOMIG NASAL², ZOLMITRIPTAN SPRAY²

Bold type = Brand-name drug

Plain type = Generic drug

Condition	Step 1	Step 2
Neurologic agents	Generic gabapentin	GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	pregabalin ER ² , SAVELLA ²
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	diclofenac cap, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, LOFENA, MELOXICAM susp, TIVORBEX, VIVLODEX
Opioid withdrawal	Generic clonidine	LUCEMYRA ²
Parkinson's disease	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Generic entacapone	ONGENTYS
	Both of the following generics: rasagiline, selegiline	XADAGO ²
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	FINACEA GEL, ZILXI
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ² , PICATO
	Both of the following generics: fluorouracil, imiquimod 5%	KLISYRI
	Generic imiquimod 5%	imiquimod 3.75%
Topical immunomodulators	Generic tacrolimus ointment	pimecrolimus ² , PROTOPIC² ointment
	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA
	Any three of the following generics or brands: clocortolone 0.1% cream, fluocinolone acetone 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX suspension, ENSTILAR foam	SERNIVO
Endocrinology		
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	AVANDIA, CYCLOSET, RIOMET
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
GLP-1 agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA ² , XULTOPHY ²
SGLT2 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics or preferred brand: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone, ENTRESTO	FARXIGA, JARDIANCE, XIGDUO XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, SYNJARDY, SYNJARDY XR, TRIJARDY XR
Gastroenterology		
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ²
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	ACIPHEX SPRINKLE ² , ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PRILOSEC PACKET ² , PROTONIX PACKET ²

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Condition	Step 1	Step 2
Hormone Modifiers		
Thyroid replacement	Generic levothyroxine	ARMOUR THYROID
Miscellaneous		
Antigout agents	Generic allopurinol	ULORIC , febuxostat
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	FERAHEME , ferumoxytol, INJECTAFER , MONOFERRIC
Phosphate binders	Any two of the following generics or preferred brands: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL , PHOSLYRA
Obstetrics and Gynecology		
Contraceptives	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
Hormone replacement	Generic estradiol patch	ALORA , MENOSTAR , MINIVELLE
	Any one of the following preferred brands: IMVEXXY , OSPHENA , PREMARIN VAGINAL CREAM	FEMRING ²
	Any two of the following preferred brands: IMVEXXY , OSPHENA , PREMARIN VAGINAL CREAM	INTRAROSA
Oncology		
Antifolic agent ³	Generic pemetrexed	ALIMTA , PEMETREXED , PEMFEXY
Chemotherapy rescue agents	Generic levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brand: latanoprost, travoprost, LUMIGAN	XELPROS ²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	bepotastine
Respiratory		
Epinephrine auto injectors	Generic epinephrine	EPIPEN
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Urology		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	ENTADFI ²
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR or ER, tolterodine IR or ER, trospium IR or ER, solifenacin, darifenacin ER, MYRBETRIQ	GELNIQUE , OXYTROL ²

Step therapy requirements are effective as of July 1, 2023. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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