

Step therapy – Select

Utilization management updates
Jan. 1, 2023



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered. Therapeutic use Step 1 medication Step 2 medication

Condition	Step 1	Step 2
Anti-infectives		
Antifungals	Both a generic intravaginal product (e.g., clotrimazole, miconazole, tioconazole, terconazole, boric acid) AND generic oral fluconazole	BREXAFEMME²
Bacterial Vaginosis Agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	CLEOCIN SUPP, CLEOCIN VAGINAL CREAM, NUVESSA, VANDAZOLE
	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
HIV ³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ or CIMDUO and any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
	CIMDUO	TEMIXYS
	etravirine	INTELENCE
HBV ³	One of the following: generic entecavir or generic tenofovir	VEMLIDY
Oral brand tetracyclines	Generic doxycycline or minocycline	ACTICLATE, DORYX, DORYX MPC, LYMEPAK, MINOLIRA, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	ofloxacin	CETRAXAL , ciprofloxacin otic
	Both of the following generics: ofloxacin AND ciprofloxacin-dexamethasone otic	CIPRODEX
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRUNA HCT
	Any one of the following generics: amlodipine-olmesartan, amlodipine-benazepril, amlodipine-valsartan, telmisartan-amlodipine, trandolapril-verapamil, benazepril-HCTZ, candesartan-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, losartan-HCTZ, olmesartan-HCTZ, quinapril-HCTZ, telmisartan-HCTZ, olmesartan-amlodipine-HCTZ	EXFORGE-HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, TRIGLIDE
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPITOR, LIVALO, PRAVACHOL, SIMVASTATIN SUSP, ZOCOR
	Any one of the following generics: atorvastatin 40mg or 80mg, rosuvastatin	ROSZET
	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND LIVALO¹	ZYPITAMAG

Bold type = Brand-name drug

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Condition	Step 1	Step 2
Central nervous system		
ADHD agents	Any three of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	ADDERALL², ADHANSIA XR², ADZENYS ER², ADZENYS XR ODT², APTENSIO XR², CONCERTA², COTEMPLA XR-ODT², DAYTRANA², DESOXYN², DEXEDRINE, DYANAVEL XR², FOCALIN², FOCALIN XR², METHYLIN² solution, MYDAYIS², PROCENTRA², QUILLICHEW ER², QUILLIVANT², RELEXXI², RITALIN², RITALIN LA², ZENZEDI²
	Any one of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	AZSTARYS², JORNAY PM²
	Any two of the following generics: atomoxetine, guanfacine, clonidine	INTUNIV, KAPVAY, QELBREE², STRATTERA²
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	topiramate IR or topiramate sprinkle	QUDEXY XR, TROKENDI XR
	topiramate sprinkle	EPRONTIA
	oxcarbazepine IR	OXTELLAR XR
Antidepressants ³	bupropion ER	APLENZIN², FORFIVO XL²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	CITALOPRAM cap , DESVENLAFAXINE ER², PAXIL suspension, SERTRALINE cap, TRINTELLIX²
	Any one of the following generics: duloxetine	DRIZALMA²
Antidepressants	generic vilazodone	VIIBRYD²
Antipsychotics ³	Any two of the following generics: asenapine, aripiprazole, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	CAPLYTA², FANAPT², LYBALVI², SAPHRIS², SECUADO²
	Any one of the following brands: INVEGA SUSTENNA or INVEGA TRINZA	INVEGA HAFYERA
Insomnia agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA², DAYVIGO²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR², ZOLPIMIST²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	sumatriptan-naproxen ² , ONZETRA XSAIL², TOSYMRA², TREXIMET², ZOMIG NASAL²
Neurologic agents	gabapentin	GRALISE²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR², pregabalin CR², SAVELLA²
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, CELEBREX², DICLOFENAC capsules, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, LOFENA, TIVORBEX, VIVLODEX, ZIPSOR, ZORVOLEX
Opioid antagonists	naloxone injection	LIFEMS
Opioid withdrawal	clonidine	LUCEMYRA²

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Condition	Step 1	Step 2
Parkinson's disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: carbidopa-levodopa and carbidopa-levodopa ODT	DHIVY
	Both of the following generics: rasagiline, selegiline entacapone	XADAGO² ONGENTYS
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	EPSOLAY, FINACEA GEL, NORITATE, ZILXI
	Any one of the following generics or preferred brands: metronidazole gel, FINACEA FOAM, SOOLANTRA	METROGEL
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ² , PICATO
	Both of the following generics: fluorouracil, imiquimod 5%	KLISYRI
	imiquimod 5%	imiquimod 3.75%, ZYCLARA
Topical acne treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON	ACANYA, BENZACLIN, BENZAMYCIN GEL 5-3%, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical Anesthetic	generic lidocaine patches	ZTLIDO
Topical immuno-modulators	tacrolimus ointment	ELIDEL², pimecrolimus², PROTOPIC ointment²
	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA, OPZELURA²
	Any three of the following generics or brands: clocortolone 0.1% cream, fluocinolone acetone 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX suspension, ENSTILAR foam	SERNIVO
Endocrinology		
Basal insulin	Any three of the following preferred brands: LANTUS, LEVEMIR, TOUJEO, TRESIBA	BASAGLAR, INSULIN GLARGINE, SEMGLEE
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	AVANDIA, CYCLOSET, RIOMET, RIOMET ER
Blood glucose meters and strips ²	Both of the following: CONTOUR NEXT, ONETOUCH	ABBOTT, ACCU-CHECK, ACON, ADVOCATE, AT LAST, BAYER, BIOTEL, D-CARE, DIATHRIVE, EASYMAX, EASYPLUS, EMBRACE, EPS, EXACTECH, FOR A CARE, FORTISCARE, FREESTYLE, GENSTRIP, GLUCOCARD, GMATE, INFINITY, LIBERTY, MICRODOT, NEUTEK, ON CALL, OPTIUM, PRECISION, POGO, QUINTET, RELION, REVEAL, SUPREME, TELCARE, TRUE METRIX, TRUETEST, TRUETRACK, ULTIMA, UNISTRIP, VERASENS, VIVAGUARD, VIVID PAL
Glucagon	Any one of the following: BAQSIMI, GLUCAGON KIT (manufactured by Fresenius), ZEGALOGUE , generic glucagon kit	LILLY GLUCAGON KIT, NOVO GLUCAGEN HYPOKIT, GVOKE

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Condition	Step 1	Step 2
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the preferred brands: JANUMET¹, JANUMET XR¹, JANUVIA¹ AND any one of the following preferred brands: JENTADUETO¹, JENTADUETO XR¹, TRADJENTA¹	ALOGLIPTIN, ALOGLIPTIN-METFORMIN, ALOGLIPTIN-PIOGLITAZONE, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI
GLP-1 agonists combinations	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA², XULTOPHY²
SGLT2 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics or preferred brand: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone, ENTRESTO	FARXIGA, JARDIANCE, XIGDUO XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, SYNJARDY, SYNJARDY XR, TRIJARDY XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND Any one of the following preferred brands: FARXIGA¹, XIGDUOR XR¹ AND any one of the following preferred brands: GLYXAMBI¹, JARDIANCE¹, SYNJARDY¹, SYNJARDY XR¹, TRIJARDY XR¹	INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
Short-acting insulin	Any two of the following preferred brands: HUMALOG, NOVOLOG, LYUMJEV	ADMELOG, APIDRA, FIASP
Gastroenterology		
Bowel prep agents	Any one of the following brands: CLENPIQ, SUPREP	OSMOPREP, MOVIPREP, PLENVU
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS¹, MOVANTIK¹, SYMPROIC¹	AMITIZA²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS², MOVANTIK², SYMPROIC²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK¹, SYMPROIC¹	RELISTOR²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS¹	MOTEGRITY², TRULANCE²
Irritable bowel syndrome	APRISO	ASACOL HD, DELZICOL
Pancreatic enzymes	Both of the following preferred brands: CREON, ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton pump inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole, DEXILANT	ACIPHEX², ESOMEPRAZOLE STRONTIUM², FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PREVACID², PRILOSEC², PROTONIX², ZEGERID²
Hematology		
Coagulation factors ³	NOVOSEVEN RT	SEVENFACT
Hormone modifiers		
Thyroid replacement	levothyroxine	ARMOUR THYROID, LEVOTHYROXINE capsules, NATURE-THROID, SYNTHROID, THYQUIDITY, WESTHROID, WP THYROID

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Condition	Step 1	Step 2
Miscellaneous		
Antigout agents	colchicine tablets	COLCHICINE cap, COLCRYS, GLOPERBA, MITIGARE
	allopurinol	ULORIC , febuxostat
Clinical duplicates	levetiracetam ER	ELEPSIA XR
	Any two of the following generics: metoprolol tartrate, metoprolol succinate ER, bisoprolol, betaxolol, carvedilol IR or ER, labetalol, atenolol, acebutolol, propranolol IR or ER, pindolol, nadolol	KAPSPARGO
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	ACCRUFER, FERAHEME , ferumoxytol, INJECTAFER, MONOFERRIC
Phosphate Binders	Any two of the following generics or preferred brands: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl, Velphoro	AURYXIA
	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
Obstetrics and gynecology		
Contraceptives	norethindrone	SLYND
	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
	One of the following: generic oral formulation of levonorgestrel/ethinyl estradiol, Xulane, Zafemy	TWIRLA
Hormone replacement	estradiol patch	ALORA, MENOSTAR, MINIVELLE, VIVELLE-DOT
	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING²
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
Oncology		
Chemotherapy rescue agents	levoleucovorin	KHAPZORY
Antifolate ³	generic pemetrexed	ALIMTA, PEMFEXY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brands: latanoprost, travoprost, LUMIGAN	VYZULTA², XELPROS²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, LASTACRAFT, PAZEO, ZERVIATE
Ophthalmic antiinflammatory agents	Any one of the following generics: diclofenac soln, flurbiprofen soln, ketorolac soln AND PROLENSA	BROMSITE², ILEVRO², NEVANAC²
Respiratory		
Cystic fibrosis (inhaled tobramycin agents)	Both of the following generics: tobramycin 300mg/4 mL, tobramycin 300 mg/5 mL	BETHKIS, KITABIS, TOBI
Epinephrine auto injectors	Generic epinephrine	AUVI-Q 0.3 mg, AUVI-Q 0.15 mg, EPIPEN, EPIPEN-JR
Inhaled corticosteroids	Any two of the following preferred brands: ARNUITY ELLIPTA, FLOVENT, PULMICORT FLEXHALER, QVAR REDIHALER	ALVESCO², ARMONAIR², ASMANEX²
Intranasal steroids	Generic mometasone nasal spray or BECONASE AQ	XHANCE²
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilators	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SEREVENT, STRIVERDI RESPIMAT, SYMBICORT	ARCAPTA
	SPIRIVA	INCRUSE ELLIPTA², TUDORZA PRESSAIR²,

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Condition	Step 1	Step 2
Long-acting bronchodilator combinations	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SYMBICORT	AIRDUO², DULERA², FLUTICASONE/SALMETEROL INH²
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE², DUAKLIR PRESSAIR², UTIBRON NEOHALER²
Short-acting beta agonist inhalers	albuterol HFA (manufactured by Cipla, Civica, Par, Perrigo, or Teva)	albuterol HFA (manufactured by Prasco) ² , levalbuterol HFA ² , PROAIR DIGIHALER², PROAIR HFA², PROAIR RESPICLICK², PROVENTIL HFA², VENTOLIN HFA², XOPENEX HFA²
Urology		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive bladder agents	Any two of the following generics or preferred brand: generic fesoterodine, generic oxybutynin IR/ER, generic tolterodine IR/ER, generic trospium IR/ER, generic solifenacin, generic darifenacin ER, MYRBETRIQ	GELNIQUE, GEMTESA, OXYTROL², TOVIAZ
	Any one of the following generics: oxybutynin IR/ER or oxybutynin syrup	VESICARE LS
Generic First		
	Generic equivalent	ABILIFY², ACZONE GEL, ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, AZOPT, BARACLUDGE², BRISDELLE², BROVANA², BYSTOLIC, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS², CLARINEX, CLIMARA, CLOBEX, COLESTID, COMBIGAN, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DILANTIN SUSP, DYAZIDE, EPIDUO, ESTRACE, EXFORGE, FIORICET, FLOMAX, FORTAMET, GENERESS FE, GOLYTELY, HALOG CREAM, HYZAAR, IMITREX², INDERAL LA, KENALOG, KEPBRA, KLONOPIN², K-TAB, LAMICTAL, LASIX, LATISSE, LOESTRIN, LOTREL, LYRICA², MAXALT², MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NITROSTAT, NULYTELY, ORTHO MICRON, ORTHO-NOVUM, PATADAY, PATANOL, PAXIL, PLAQUENIL, PLAVIX, PENTASA, PRED FORTE, PRINIVIL, PROMETRIUM, PROPECIA, QUESTRAN, RANEXA, RELPAX², RENAGEL, RESTORIL², RISPERDAL², SAFYRAL, SEASONIQUE², SEROQUEL², SILVADENE, SKELAXIN, SOMA, SUBOXONE², TAMIFLU², TEGRETOL, TENORMIN, TIKOSYN, TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE, TOPAMAX, TOPICORT SPR, TRAVATAN Z², TRICOR, TRILEPTAL, UCERIS, VALTRES², VANADOM, VECTICAL, VESICARE, VIGAMOX, VIMPAT, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZOLOFT, ZONEGRAN, ZOVIRAX, ZYPREXA²

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Step therapy requirements are effective as of Jan. 1, 2023. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only



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