

Step therapy – Premium Formulary

Utilization management updates July 1, 2024



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your Optum Rx member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
Anti-infectives		
Bacterial vaginosis agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	VANAZOLE
	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
Oral brand tetracyclines	Any one of the following generics: doxycycline, minocycline	VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	Generic ofloxacin	CETRAXAL
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRUNA HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND preferred brand LIPOFEN or fenofibrate cap	FENOGLIDE, FIBRICOR
Statins	Any one of the following generics: atorvastatin, fluvastatin IR/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID
Central Nervous System		
ADHD agents	Any one of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER, lisdexamfetamine	AZSTARYS², JORNAY PM²
	Any three of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER, lisdexamfetamine	APTENSIO XR², DESOXYN², DEXEDRINE², EVEKEO-ODT², METADATE CD², METHYLIN², PROCENTRA², RELEXXII²
	Any two of the following generics: atomoxetine, guanfacine ER, clonidine ER	KAPVAY
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	Any one of the following generics: topiramate IR, topiramate IR sprinkle	topiramate ER
Antidepressants ³	Generic bupropion ER	APLENZIN²
	Any two of the following generics: desvenlafaxine ER, duloxetine, venlafaxine IR/ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine IR/ER, sertraline, venlafaxine IR/ER	DESVENLAFAXINE ER², PAXIL suspension, TRINTELLIX²
Antidepressants	Generic vilazodone	VIIBRYD²
Antipsychotics ³	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR/ER, risperidone, ziprasidone	CAPLYTA², FANAPT²
	Any one of the following preferred brands: INVEGA SUSTENNA, INVEGA TRINZA	INVEGA HAFYERA
Insomnia agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem IR/ER	BELSOMRA², DAYVIGO²
	Generic zolpidem IR/ER	EDLUAR²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	sumatriptan-naproxen ² , ZOMIG NASAL², ZOLMITRIPTAN SPRAY²

Bold type = Brand-name drug

Plain type = Generic drug

Condition	Step 1	Step 2
Neurologic agents	Generic gabapentin IR	gabapentin (once-daily) ² , GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin IR, pregabalin	pregabalin ER ² , SAVELLA ²
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	diclofenac capsule, diclofenac powder, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, indomethacin suppository indomethacin suspension, LOFENA, MELOXICAM susp, TIVORBEX, VIVLODEX
Opioid withdrawal	Generic clonidine	LUCEMYRA ²
Parkinson's disease	Generic carbidopa-levodopa IR/CR	RYTARY
	Generic entacapone	ONGENTYS
	Both of the following generics: rasagiline AND selegiline	XADAGO ²
Dermatology		
Rosacea	Any one of the following generic or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	FINACEA GEL, ZILXI
Topical immunomodulators	Generic tacrolimus ointment	pimecrolimus ² , PROTOPIC ² ointment
	Any one of the following topical generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA
	Any three of the following topical generics or preferred brands: clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX suspension, ENSTILAR foam	SERVINO
Topical miscellaneous agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ²
	Both of the following generics: fluorouracil AND imiquimod 5%	KLISYRI
	Generic imiquimod 5%	imiquimod 3.75%
Endocrinology		
Diabetic agents	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	CYCLOSET, RIOMET
DPP4 inhibitors	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the preferred brands: JANUMET ¹ , JANUMET XR ¹ , JANUVIA ¹ AND any one of the following preferred brands: JENTADUETO ¹ , JENTADUETO XR ¹ , TRADJENTA ¹	saxagliptin, saxagliptin/metformin
GLP-1 agonists	One metformin-containing agent	SOLIQUA ² , XULTOPHY ²
Thyroid Replacement	Generic levothyroxine tablets	ADTHYZA, ARMOUR THYROID, NIVA
Gastroenterology		
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand LINZESS ¹	MOTEGRITY ²

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Condition	Step 1	Step 2
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	LANSOPRAZOLE susp, FIRST-OMEPRAZOLE, FIRST-PANTOPRAZOLE, PRILOSEC PACKET², PROTONIX PACKET²
Miscellaneous		
Antigout agents	Generic allopurinol	ULORIC , febuxostat
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	FERAHEME , ferumoxytol, INJECTAFER, MONOFERRIC
Phosphate binders	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
Obstetrics and Gynecology		
Contraceptives	Any one of the following generics: Gemmily, Merzee, Taysofy, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
Hormone replacement	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING²
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
	Generic estradiol patch	ALORA, MENOSTAR, MINIVELLE, VIVELLE-DOT
Oncology		
Antifolic agent ³	Generic pemetrexed	ALIMTA, PEMETREXED, PEMFEXY
Chemotherapy rescue agents	Generic levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brand: latanoprost AND travoprost AND LUMIGAN	XELPROS²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	bepotastine
Ophthalmic antiinflammatory agents	Any one of the following generic ophthalmic solutions: diclofenac, flurbiprofen, ketorolac	bromfenac 0.075% ²
Respiratory		
Epinephrine auto injectors	Generic epinephrine	EPIPEN
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilator combinations	Any one of the following preferred brands: ADVAIR HFA, BREO ELLIPTA, SYMBICORT	fluticasone/salmeterol diskus ² , WIXELA INHUB ²
Urology		
Benign prostatic hyperplasia (BPH) agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	ENTADFI²
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, MYRBETRIQ tablets	GELNIQUE, OXYTROL²
Generic First		
Generic First Program	Generic equivalent	RISPERDAL CONSTA

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Step therapy requirements are effective as of July 1, 2024. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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